

42th SHIDOKAN OPEN INTERNATIONAL CHAMPIONSHIP

Championship Introduction and Invitation to Participate

I would like to express my sincere gratitude for your cooperation in the activities of Shidokan. It is thanks to everyone's warm support, that the 42th SHIDOKAN OPEN INTERNATIONAL CHAMPIONSHIP can be held. I also thank you for giving guidance and encouragement to everyone who is closely working for it every day. From the whole country, aiming at the best Japanese practiced karate, the training of the heart, technique, body which was trained by the selected player arouses the excitement and impression of the people seeing and becomes a big goal of young people working to train the mind and technique. We will hold the event after taking sufficient measures against corona, so we know that you will be busy in any position, but please understand our aim and appreciation for your participation at the championship. We are looking forward to seeing you and very much hope you will enjoy a good tournament and stay in Japan.

With Warm Regards,

Yoshiji Soeno
Shidokan Sosui

EVENT DETAILS

★Name: 42th SHIDOKAN OPEN INTERNATIONAL CHAMPIONSHIP

★Date: October 10,2022

★Venue: Yokohama Budo-Kan

Address:2-9-01 Okina, Yokohama-City, Kanagawa prefecture

TEL:045-226-2100

★Contact :

SHIDOKAN – Hamamatsu Yamada Dojo

Championship chairman: Yoshiji Soeno

Address :20230-6 Shinohara, Hamamatsu-City, Shizuoka prefecture, 431-0201

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shidokan.kiichi.karate@gmail.com

Mobile: +81-9076094666

APPLICATION GUIDELINES AND NOTES

1. According to the rules of Sekai Karatedo Renmei SHIDOKAN (Mat usage)
2. How to apply: Fill in the below Application Form and attach 2 photos (3.0 cm × 2.5 cm) (wearing dogi) and send directly to the following application by registered mail or email with registered participation fee and medical examination by doctor. We will send you a participation notice and competitor numbers.
3. Where to send application forms: Director:
Iuliana Soeno
Email: shidokan.hombu@gmail.com
shidokan_soeno_karate@yahoo.com
shidokan.kiichi.karate@gmail.com
4. Application Deadline:
 - 1 For nationalities that are not required to apply for a Japanese visa: ?
 - 2 For nationalities that are required to apply for a Japanese visa: ?
5. Participation Fee:
 - 1 Adults and Children: 5000 yen per person
 - 2 Double/triple entries cost an additional 2500 yen per additional category
 - 3 Holders of a valid Shidokan membership card will receive a 1000 yen discount from the participation fee
 - 4 All payments shall be made in Japanese yen
6. Check-in: Competitors shall gather at 12:00 pm on October 10, follow the instructions of the staff, complete reception / weighing and prepare for the competition
7. Notes

Tournament Rules

- ① Competitors should cut their nails short, remove jewelry or other accessories
Taping may be permitted due to injury if declared in advance if permission is granted by the organizers
- ② Bring your own compression cup/box and wear it under karate clothes. Use of a mouthguard is optional but advised.
- ③ The Organizers will ensure a medical professional is present in the event of emergencies such as sudden illness or injury during the tournament.
- ④ The Organizers are not responsible for any injuries or accidents during the tournament. Participants should bring a copy of their health insurance certificate or medical card in case of injury or need for medical treatment
- ⑤ Participants must adhere strictly to the weight rules for class. In case of overweight participant will be disqualified/ Transfer to a heavier class is not permitted so please ensure you apply for the correct class.
- ⑥ Participants should understand in advance the starting time of their match and arrive for the fight a few minutes prior. In case of absence at the time of commencement, he/she shall be disqualified.
- ⑦ Participants should notify the Organizers promptly in the event they are unable to participate.
- ⑧ The Participation Fee is not refundable

APPLICATION FORM

Categories: Full contact/Glove/Sports Karate/Triathlon/Kata

Date: October 10th 2022 (Sun) Place: _____

*1 application form per category

Category Applied for :

Category Number:

Attach 1 Profile Photo Photo format: 1. Wearing Dogi 2. Face and upper body from mid-chest level	First Name		Middle name		Family Name	
	Gender	Nationality	Occupation		Date of Birth (YY/MM/DD)	Age
	M/ F					
	Shidokan Membership ID Number (if applicable)					
Dojo Name			Dojo Address and Country			
Email address			Phone number (with country code)			
@						
Belt Rank (Dan or Kyu)			Fight Career			
Experience (years)		Height (cm)		Weight (kg)		

Disclaimer

I Hereby:

1. Recognize and understand that martial arts training is an activity that involves physical contact and that my participation might result in serious injury, including permanent disability or even death, and severe social and economic loss.
2. Recognize and understand that such risk may be due to not only my own actions, but also the action, inaction or negligence of others, the regulations of participation, or the conditions of the premises, or of any of the equipment used.
3. Assume all of the foregoing risks and accept personal responsibility for any damages that may result from injury, permanent disability or death.
4. Enter in this martial arts competition entirely of my own free will and understand the importance of following the rules of training and competition.
5. In signing this declaration statement, I agree to the rules and regulations of the tournament and to comply with all directions that may be given to me by the tournament organizers, their agents, volunteers and contractors with respect to my participation in this tournament.
6. Recognize and understand that Shidokan shall not assume liability or responsibility for any claims, losses and damages which may be sustained and suffered on account of injury, including death or damage to property.

Participant's Name _____ Signature _____ Date _____

(or parent or guardian if under 18)_

Shihan of Dojo's Name: _____ Signature _____ Date _____

《Judgement rules》

■ Full contact Karate 【General】 Kumite

① Match time (Round times)

- Qualification/Main match (3 minutes→ Extension 1 minute→ Judgement)

*Weight measurement light fighter is the winner in the case of draw

- Final match (3 minutes→Extension 2 minutes→Re-extension 2 minutes → Judgement) *Weight measurement light fighter is the winner in the case of draw

② Judgement Full contact rules Referees :Main 1 person 2 points Sub 2 person 1 point × 2

「Ippon win」 Wazaari × 2 = Ippon

「Hantei win」 More than 2 points from referees

「Foul play chui」 2 times will become 1 point deduction (same point with Waza-ari)

「Genten(Deduction)」 2 point deductions will be Foul play defeat (same points with Ippon) 「Yuko waza」

- Throwing technique, tightening technique, joint technique allowed.
- Grabbing for 3 seconds, Grounding(Newaza) for 5 seconds allowed.

「Foul play waza」

- Attacking by hands above the neck will be prohibited.

- Attacking the Groin is prohibited.

③ Mandatory Safety Rule

You should wear a compression cup. If you fight without wearing and are injured and unable to continue the match you may forfeit the match and the opponent will win.

■ Light contact Karate 【General】 Kumite

① Match time (Round times)

- General class follows the Full contact rules
- Boys and Girls class will be all 90 seconds Final match

(Extension 1 minutes→Re-extension 1 minutes / Judgement will be must)

② Judgement Follows the Full contact rules but below techniques are prohibited. Throwing, tightening, joint technique, grounding (Newaza), knee attack to the face

④ ③Mandatory Safety Rules

Elementary class Leg and fist supporters

Advanced class No obligations for supporter

Female class Chest guards (soft type)*Infant class no need

You should wear a compression cup. If you fight without wearing and are injured and unable to continue the match you may forfeit the match and the opponent will win.

■ Glove Karate

① Match time (Round times)

- Qualification/Main match (3 minutes→ Extension 1 minute→Judgement)
*Weight measurement light fighter is the winner in the case of draw
- Final match (3 minutes→Extension 2 minutes→Re-extension 2 minutes→Judgment) *Weight measurement light fighter is the winner in the case of draw

②Judgement: Full contact rules Referees :Main1person 2points Sub2person 1point×2

「Ippon win」 Down for more than 3 seconds or if competitor decides not to continue the fight

- 「Yuko waza」
- Attack by fist (Straight, hook, upper, backhand strikes)
 - Attack by legs (except from the back)
 - Attack from holding the neck (prohibited until previous match)

「Foul play waza」

- Attacking when competitor is on the ground

- Attacking above shoulders by elbows
- All throwing techniques

③ Other notes

- Players must wear mouthpieces and compression cups.
- Ok to wear bandages or not (requires checking before the match).
- Gloves will be prepared by the organizer.
- Clothes should be either Karate dogi or Kenpo dogi (Kick pants etc not allowed)
- Glove handicaps 3kgs-6kgs(2 ounces) 10ounce vs 12ounce 6kgs-9kgs(4ounces) 10ounce vs 14ounce Over 9kgs(6ounces) 10ounce vs 16ounce

■ Kata 【General /Boys and girls】 Male female mixed

① Tournament procedure Qualification/main match selection from top players

② Choice of Kata: Free *Different Kata choice for qualification and main match

③ Decided by points awarded from 3 judges (100 points each for a total of 300 points maximum)

④ Due to slight differences between styles, an overall judgement will be awarded based on things such as impression, as well as accordance to the following key 3 elements:

1. Strength (Strong vs weak)
2. Flexibility (Big vs small)
3. Speed (Fast vs slow)

■ Sports Karate Non-contact point style

① Match time (Round times)

- General class (2 minutes→ Extension 1 minute)
*Winner to be 1point over than competitor
- Boys and girl class (90seconds→Extension 1 minute)
*Winner to be 1point over than competitor

②Judgement Full contact rules Referees :Main1person 2points Sub2person 1point×2

「Ippon win」 Take 6points ahead

「Waza ari 」 3points (Seikenzuki in the middle of the face, Appropriate Jodan geri by stopping before contact etc.)

「Yuko」 2points (Chudanzuki or appropriate tsuki in the flank, appropriate keru etc.)

「Koka」 Not as keen as Yuko, but whenever appropriate attack has been achieved.

③Judgement benchmarks

- Appropriate posture
- Appropriate distance when attacking
- Appropriate spirit by voices and hikite
- Appropriate targeting choices etc.

*Whenever attack conducted in the same timing it will become aiuchi and both sides will be given 1points

Referees Main×1, Sub 2-4 selected by Shidokan

Auditor For match procedure and fairness of the referees, will put 1 Auditor

④Fouls and disqualification

- Attacking by direct contact
- Grabbing
- Does not obey the referees
- Cursing or provocative words which doesn't seem to be appropriate under Bushido spirit

■ SHIDOKAN TRIATHLON RULES

- Weight Classes
- Lightweight -65Kg
- Middleweight -75Kg
- Heavyweight +75Kg
- Round Length
- Each Round will be 2 minutes with a 1 and a half minute rest interval between rounds
- Kumite: Stand Up Rules
- Legal techniques: Fighters will be allowed to punch, kick and knee to the face, head, upper torso (front and side only), leg and arm areas only. No elbows to face or head area. No

kicking when the opponent is down. Elbows are allowed to the BODY ONLY. 2. Legal Target Areas: Head, face, upper torso (front and side only), legs (above/below knee). 3. Greco-Roman/Judo throws/single and double leg takedowns are allowed (*no spiking of allowed). Any takedown that results in a fighter being physically stunned, will initiate a standing (8) count. If the fighter is unable to rise or is unconscious as a result of said takedown, the standing fighter will be awarded victory via TKO. 4. Illegal targets: No strikes (hand, foot, elbow, or knee) are allowed to the groin, kidneys, and front of neck, entire spinal chord, or joints. No foot stomps are allowed. 5. A Standing 8 Count, will be initiated when a fighter receives a legal "stunning blow". Herein defined as any legal technique that results in fighters unable to adequately protect them. 6. A total of Three Standing 8 Counts, in the same round or during the entire fight (applies to rounds 1 and 2) will result in a TKO.

- Phase I - Karate Round

- 1. Refer to paragraph I, sections 1 through 6. 2. NO punches or hand techniques are allowed to make contact to the facial, head or neck area. 3. NO submission techniques, choking techniques or joint manipulations are allowed. 4. Fighters are required to wear traditional Karate Gi, mouthpiece and groin protection. Tournament official must approve hand and wrist taping. Anklets can be worn.

- Phase II - Kick-Boxing Round

- 1. Refer to paragraph I, sections 1 through 6. 2. Fighters will wear 10 oz. gloves. Hand techniques to the face are allowed. 3. NO submission techniques, choking techniques or joint manipulations are allowed. 4. Fighters will remove Gi tops. Thai-boxing or MMA shorts may be worn.

- Phase III MMA/Grappling Round

- 1. Fighters will wear 5 oz. open finger gloves. 2. Once a fighter's knee touches the ground, both fighters are considered on the ground and the following rules now apply: 3. Legal Strikes are allowed. (See, "Warnings and Penalties"). 4. There is no time limit on the ground, but if there is inactivity, the referee will break the fighters and stand them up, and the fight will resume. 5. Legal Techniques are all Major Joint Manipulations: Shoulder, Elbow, Wrist, Knee and Ankle. 6. Rear and side neck chokes and "guillotines" are allowed. 7. Illegal Techniques: No biting / ear pulling / eye gouging / finger penetration into any and all orifices / fish hooking / hair pulling / licking / minor digit manipulations / one or two handed frontal chokes / skin twisting / spitting is not permitted. Any infraction of the aforementioned will result in an immediate PENALTY. 8. When a legal submission technique is applied, the fighter being submitted will signal the result. The universal: Single hand double tap out, or verbal submission, "I give." will be acceptable. If the fighter being submitted is unable to submit either physically or verbally, due to the positioning of both fighters, type of submission, state of consciousness, or if the referee believes the fighter being submitted will suffer a permanent injury, i.e.. Brain damage (choke), broken elbow, wrist, ankle, etc. and the referee may call the fight and declare a winner. 9. During this round there is NO STANDING 8 count. If I fighter is hurt and the referee deems it necessary to stop the match, the fight is over.

Warnings and Penalties

- 1. Any fighter who intentionally strikes an opponent in a restricted area, or intentionally uses an illegal technique, will be immediately assessed a penalty or disqualified depending on the severity of

the blow.

- 2. Accidental contact to the facial or neck area with a hand technique will result in a warning or penalty depending on the amount of contact (Karate Round Only).
- 3. Accidental contact to other restricted areas (i.e., the groin, knees, spinal cord, etc.) will also result in a warning or penalty depending on the amount of contact.
- 4. Two (2) warnings result in a penalty, which equals a one-point deduction.
- 5. Two (2) penalties result in a disqualification.
- Scoring
- All fighters will be scored on a 10 Point Must System Example: Fighter A receives a standing 8 count in round one, Score = 10 - 8. Fighter A receives another standing 8 count in round one. Score = 10 - 7 Fighter B wins round one 10 - 7 Fighter A wins round two 10 - 9 Fight Ends. Judge's Decision. Total Score: Fighter B=19. Fighter A=17 Winner: Fighter B

⑤Other rules

- Please wear Karate dogi
- No metal objects etc. which could cause danger to the competitors

41th SHIDOKAN OPEN INTERNATIONAL CHAMPIONSHIP

Categories

Full contact Karate(High School Age and Over)

Men

Category number	Age	Level	Weight		Category number	Age	Level	Weight
1	Under 40	Beginners	Under 65 kg		4	Under 40	Advanced	Under 65 kg
2	Under 40	Beginners	Under 75 kg		5	Under 40	Advanced	Under 75 kg
3	Under 40	Beginners	Over 75 kg		6	Under 40	Advanced	Over 75 kg
7	Over 40	Beginners	Under 65 kg		10	Over 40	Advanced	Under 65 kg
8	Over 40	Beginners	Under 75 kg		11	Over 40	Advanced	Under 75 kg
9	Over 40	Beginners	Over 75 kg		12	Over 40	Advanced	Over 75 kg

Light Karate(High School Age and Over)

Men

Category number	Age	Level	Weight		Category number	Age	Level	Weight
13	Under 40	Beginners	Under 65 kg		16	Under 40	Advanced	Under 65 kg
14	Under 40	Beginners	Under 75 kg		17	Under 40	Advanced	Under 75 kg
15	Under 40	Beginners	Over 75 kg		18	Under 40	Advanced	Over 75 kg
19	Over 40	Beginners	Under 65 kg		22	Over 40	Advanced	Under 65 kg
20	Over 40	Beginners	Under 75 kg		23	Over 40	Advanced	Under 75 kg
21	Over 40	Beginners	Over 75 kg		24	Over 40	Advanced	Over 75 kg

Women

Category number	Age	Level	Weight		Category number	Age	Level	Weight
25	Under 40	Beginners	Under 50 kg		28	Under 40	Advanced	Under 50 kg
26	Under 40	Beginners	Under 60 kg		29	Under 40	Advanced	Under 60 kg
27	Under 40	Beginners	Over 70 kg		30	Under 40	Advanced	Over 70 kg
31	Over 40	Beginners	Under 50 kg		34	Over 40	Advanced	Under 50 kg
32	Over 40	Beginners	Under 60 kg		35	Over 40	Advanced	Under 60 kg
33	Over 40	Beginners	Over 70 kg		36	Over 40	Advanced	Over 70 kg

<p>Glove karate division</p> <p>37 - Under 65 kg 38 - Under 75 kg 39 Over 75 kg</p> <p>SHIDOKAN TRIATHLON RULES</p> <p>43 - Under 65 kg 44 - Under 75 kg 45 Over 75 kg</p>	<p>Sports karate division</p> <p>40 - Mens open weight 41 Woman's open weight</p> <p>Kata division</p> <p>42 Men/Women mixed</p>
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